

**Easy
Read**



Annual Report **2020**



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This is Mencap's Easy Read Annual Report.



What is the Annual Report?

An Annual Report is a document full of information about what an organisation has been doing for the last year.



It gives people who might be interested in an organisation, some information about what they have been doing.

A message from the Voices Council



We are the Voices Council. All of us have a learning disability. We help Mencap make decisions that affect people with a learning disability.



This year we helped Mencap to make decisions about all sorts of important things. We have been able to give advice and opinions on the Virgin Money London Marathon, social care and the Big Learning Disability Survey.



We have also talked about lots of other important issues that are important to Mencap and people with a learning disability.



We also welcomed our new CEO, Edel Harris.

A CEO means Chief Executive Officer. Edel will be making lots of big and important decisions about how Mencap works and how we change the lives of people with a learning disability.



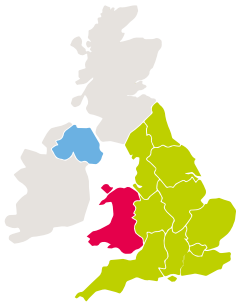
She will be helping Mencap to make sure the voices of people with a learning disability are heard and listened to.



Who are Mencap?



Mencap help to improve life for people with a learning disability.



We work all over England, Northern Ireland and Wales.



Coronavirus

This year, coronavirus meant lots of our plans had to change.



Everybody had to stay at home, and it was hard for lots of the people we support.



Some people we support had coronavirus, and sadly **7** of those people died. **2** people who worked for Mencap also died.



Lots of our programmes had to shut down because it was not safe for people to meet up or spend time together.



The Virgin Money London Marathon could not happen in April, and happened in October instead.



Many of the ways we usually raise money for Mencap were not possible.



We did our best to keep everybody we support safe by giving people in Mencap services the right safety equipment.



We talked to the governments in England, Wales and Northern Ireland about how to make sure people with a learning disability were safe during coronavirus.



Sometimes we had to challenge decisions or actions that were dangerous for people with a learning disability.



We supported lots of people online through video calls. This meant we could keep helping people with employment, supporting young children, and keeping in touch with friends and community groups.



We would like to say a huge thank you to everyone at Mencap for their hard work during the coronavirus pandemic. It has been difficult but we are very proud of what we have done to keep people with a learning disability safe.



Here is how we help:

When we see things that are not fair, we tell the government and help them to make things better.



We help people with a learning disability with their daily lives.

That means help with things like going to the shops, paying bills or giving 24-hour support to people who have very complex needs.



We also support families and children. We help people with a learning disability find a home that meets their needs.



We help people with a learning disability get skills and find a job.



We give advice on all sorts of things, like benefits, problems with family and personal relationships. We can help on the phone and online.



We help people with a learning disability go out and do fun things, like hobbies, sports or seeing friends.

What we have done to help say no to discrimination



We wanted to have lots of people with a learning disability running in the Virgin Money London Marathon.



We made lots of videos about people with a learning disability running the marathon.



We helped lots of young people with a learning disability do sports and games.

Some of the people with a learning disability did sports in school with other children who do not have a learning disability.

Doing sport together helped them understand each other





Support and care

We helped people with a learning disability all over the UK.



The people who check that we are doing a good job said that **91%** of our services were good or outstanding.



We helped **10,602** people through our phone helpline and online.



We talked a lot to the newspapers and on TV about how to improve care for people with a learning disability.



Friendships and relationships

We helped **203** people with a learning disability to understand sex and relationships through our project called Me And My Body.



We helped **56** people with a learning disability go out to see music and sports with a friend, through our Gig Buddy groups.



We helped **4,999** people take part in fun hobbies and sports.





Helping children with a learning disability



We supported over **200** families in Northern Ireland who have a child with a learning disability.



We helped the children to get the help they needed, and we helped the parents to understand their children better.



We started planning how to help more children with a learning disability across the UK. The next project will happen in Newham, in England.

Being healthy



Sometimes going to the doctor is harder if you have a learning disability.

We helped people tell their hospitals and doctors about this.



We help them ask to make changes that can make it easier for someone with a learning disability.

There are **38** groups working on this across the UK.



For some time we have been asking the government to change the law so that doctors have to learn how to help people with a learning disability.



The government in England and Wales listened, and now we are working on some training to help doctors understand learning disability better.

Getting a job



We helped **1,529** people with a learning disability get the skills they need to get a job.



We also shared what we know about jobs and learning disability with the English government.



We hope this will help them give people with a learning disability support in the workplace.

Fundraising



Mencap's fundraising team have raised **£13 million** this year. Mencap will use this money to pay for many of the services we provide.

We want to say a big thank you to everyone who has given money to Mencap.

Improving our work at Mencap



At Mencap we want everyone to feel safe and listened to. We want to make sure you can tell someone if you are not happy. This is called making a complaint.



You can also tell us if you think someone from Mencap has done something really well or if you have an idea for something we could do.



If you want to tell us about something good or bad, you can send us a letter to this address:

**Mencap Unit 7
Sundon Business Park,
Dencora Way
Luton
LU3 3HP**



Or phone us at **01582 560 003** or email us at **complaints@mencap.org.uk**





At Mencap we think everyone should have the same chance to have a job they enjoy.



It should not matter if someone is a man or a woman, what colour their skin is, what their sexuality is, or if they have a disability.



We will keep doing our best to make sure everyone who works at Mencap has the same chances and is treated fairly.



We will also keep making sure people with a learning disability are involved in all of our work.





123 Golden Lane
London
EC1Y 0RT
T: 020 7454 0454
www.mencap.org.uk

Learning Disability Helpline:
0808 808 1111
helpline@mencap.org.uk

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(England and Wales);
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